

Karuna: The Practice of Compassion

at the Cloud Mountain Retreat Center

Sponsored by the Brahma Vihara Foundation

Retreat Registration Information

April 27 to 30, 2012

REGISTRATION PROCESS

To register for this retreat, please print and mail a completed registration form with full payment of the retreat fee to: Eileen McClintock, 108A East Mountain St., Glendale, CA 91207. Upon receipt of the registration form and a check, you will be sent a confirmation by email. Additional information about the retreat and the retreat center will be sent about one month prior to the retreat. Rooms are assigned in the order registrations are received. Single rooms are assigned first. There will be no more than 2 people in a room. Registration is therefore limited.

ARRIVAL & DEPARTURE

Check-in will be available on the first day of the retreat between 4 and 7 PM. A light dinner is served at 6 PM. Orientation will begin at 8 PM, and the first group meeting will begin at 8:30 PM. Departure on the last day will be about 1 PM following the last meals and final chores.

PARTIAL ATTENDANCE, LATE ARRIVALS & EARLY DEPARTURES

Unless specifically noted, partial attendance is not encouraged, nor is late arrival and early departure of a non-emergency nature. It is most respectful to the continuity of the group energy as a whole, for the smooth running of the retreat and the retreat center, and for your own experience of full introduction, completion and closure, that all participants plan to attend the full retreat. If you would like to request partial attendance or need to arrange a late arrival or early departure, please address this issue in advance with the retreat registrar.

SCHOLARSHIPS

A limited number of work exchange scholarships are offered. They are given out on a first come, first served basis, with no formal application process, and they generate a 50% discount toward the retreat fee. Please indicate your need to the registrar.

MEALS

Meals are vegetarian, with the main meal at midday. Tea, fruit and light snacks are available throughout the day. Healthy, simple, well-balanced meals are served, and some dietary restrictions can be accommodated with advance notice. Refrigerator space is available for participants who need to bring specialty foods to augment this diet. Please be certain to note dairy or wheat free diets, as well as any medically dangerous foods, on your registration form.

TRAVEL Information

Travel information is available at <http://cloudmountain.org/uploads/Documents/travel.pdf>. If you wish to share a ride, please indicate that on the registration form. Contact the retreat registrar concerning any other travel questions.

OTHER INFORMATION

These retreats are held primarily in silence. Rooms are assigned in the order registrations are received. Single rooms are assigned first. There will be no more than 2 people in a room. Participants on all retreats are asked to offer service to the retreat center during a daily work period requiring 30-60 minutes daily. Participants are also asked to participate in a final group cleanup of the Center at the end of each retreat. It is helpful to plan that you will not be leaving the center until 1:00 PM or so on the final day.

QUESTIONS?

Contact the Registrar (Eileen McClintock) by phone at 818.247.4641, or email at eileen.mc@juno.com.